



# St Michael's

CofE Primary Academy

**Principal: Mrs Kate Jackson**

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Dear Parents/Carers,

As part of our Personal, Social, Health and Economic education (PSHE) lessons during the summer term, children in years 1 and 2 will be covering topics within a unit called 'Growing Up and Relationships'.

The lessons cover a range of topics such as friendships, healthy relationships and growing up and this helps children to make sense of physical and emotional changes as they grow older in an age-appropriate way, as well as helping to keep them healthy, happy and safe.

**The themes covered are all part of the statutory requirements for Relationships and Health Education which all schools in England are required to teach by the Department for Education.**

The following is a summary of the content that the children will be taught:

<b>Year 1</b>	People who are important to me  families and care  feelings  appropriate/inappropriate touch
<b>Year 2</b>	The difference between secrets and surprises  naming male and female body parts  appropriate contact and respecting personal boundaries

You may find that your child starts asking questions about these topics at home, or you might want to take the opportunity to talk to your child about these themes before the work is covered in school.

As with all our PSHE education programme, we really value the learning that all of these lessons give our pupils.

If you have any questions regarding these or other topics taught within PSHE, please contact Mrs Luscombe or the school office.

Yours sincerely,

Mrs Luscombe  
PSHE lead teacher

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