

St Michael's CE (A)



Primary School

PSHE Policy

The Lord says, 'For I know the plans for you...plans to give you hope and a future.'

Jeremiah 29 verse 11

Policy adopted: Wednesday 18th January 2023

Review date: January 2025

Signed: *Linda Guest* (Chair of Curriculum and School Improvement)

PSHE Policy

In our school our Christian vision shapes all we do. The underpinning principles are underpinned by the vision and core values of the school, which are distinctly Christian:

The Lord says, 'For I know the plans I have for you plans to give you hope and a future.' Jeremiah 29 verse 11

As an inclusive Christian school, St Michael's Church of England (Aided) Primary School values everyone as a child of God and rejoices in its diversity. Our vision is to provide a happy, loving and nurturing environment where all have the confidence to make outstanding progress and so expand and fulfil their hopes and aspirations. Our inspiring, enriched curriculum promotes a thirst for knowledge and develops wisdom.

MOTTO - Learning to Love – Loving to Learn

'I give you a new command; love each other. You must love each other as I have loved you.' John 13 v 34

We believe the 4 key values which characterise our school are

FAITH

The love of God revealed in Jesus Christ shapes the life of our school. We value and respect the diverse cultures and faiths represented by our school and wider community. We encourage pupils to share their experiences of faith and culture for the benefit of all.



'For God so loved the world that he gave his one and only Son, that whoever believes in him shall not perish but have eternal life.' John 3 verse 16

JOY

We rejoice in our rich and vibrant community. We are committed to a creative, high-quality curriculum which is broad and balanced and embraces pupils' diverse backgrounds, interests and abilities.



'Rejoice in the Lord always. I will say it again: Rejoice!' Philippians 4 verse 4

HOPE

The hope revealed through Jesus Christ inspires us, as we equip pupils with the skills, passion and resilience, to achieve goals, giving them confidence as they journey through life.



'But now, Lord, what do I look for? My hope is in you.' Psalm 39 verse 7

LOVE

We encourage our pupils to love one another as God loves us. By practising forgiveness and reconciliation, we enable all to live well together and flourish. All at St Michael's play a prominent role in understanding their responsibility to care for the world we share.



'Do everything in love.' 1 Corinthians 16 verse 14

The importance of PSHE

At St Michael's CE (A) Primary School, we believe that the teaching of PSHE is important to the flourishing of children and young people. It gives children the knowledge, skills and understanding they need to lead confident, healthy, independent lives, in order to become informed, active and responsible citizens. At St Michael's, children's wellbeing, happiness and safety are our first priority; we therefore regard PSHE as an important, integral component of the whole curriculum; it is central to our approach and at the core of our ethos.

Delivery

PSHE objectives will be delivered through the following means:

- Weekly PSHE lessons reflected on class timetables
- Prayer and worship activities
- Religious Education
- Statutory elements of the Science curriculum
- Computing curriculum

Our PSHE curriculum is broad and balanced, ensuring that it: Promotes the spiritual, moral, cultural, mental and physical development of our children and of society; Prepares our children for the opportunities, responsibilities and experiences they already face and for adult life; Provides information about keeping healthy and safe, emotionally and physically; Encourages our children to understand how all actions have consequences and how they can make informed choices to help themselves, others and the environment.

Teaching and Learning

PSHE at St Michael's CE (A) Primary School primarily follows lesson plans published by the Local Authority focused on:

- Back to school
- Getting on with everyone
- Dealing with feelings inc. mental health and wellbeing
- Relationships Education
- Drug Education
- Healthy Eating and physical activity
- Online relationships and Internet safety
- Being safe and healthy

Other resources are made available for lessons when needed through guidance from our external S4S provider. These resources include resources from the PSHE Association.

Where possible, cross curricular links are made to PSHE objectives. 'Keeping Safe' objectives are taught throughout the year so that teaching staff are able to link to real-life experiences such as sun safety being taught in the summer and fire safety being taught near to Bonfire Night.

Internet safety objectives are taught through computing lessons.

Themed weeks linked to PSHE objectives are also planned through the year in order to continue the children's learning in particular areas: Anti-Bullying Week; Safer Internet Week, Health Week and Money Week.

Children will also have the opportunity to think about their mental wellbeing through Forest school days. They will practice relaxation techniques in nature and enjoy time together with close friends.

Throughout the year time is given to one of the five ways to wellbeing. These are based on 'The five ways to wellbeing' document - connect, give, be active, keep learning and take notice. In these sessions, children will be encouraged to think of their own wellbeing as well as others around them.

Engaging with parents

Parents and carers will be given every opportunity to understand any changes to the content of the PSHE curriculum. Clear and open communication with parents and carers will help them to understand the importance of aspects of the PSHE curriculum including Relationships Education (see Relationships Education for further information).

Assessment, Evaluation and Monitoring

Assessment

Informal assessment will be carried out during PSHE lessons. At the end of each PSHE lesson, the lesson objective will be ticked, dotted or crossed to demonstrate whether individual children have met the learning objective. Where possible, self-assessment and peer-assessment will be used.

At the end of each academic year, a formal assessment will be made by the class teacher to form a judgement as to whether each individual pupil is working at greater depth in PSHE (GDS), at the expected standard in PSHE (EXS), working towards the standard in PSHE (WTS) or working below the standard in PSHE (BLW). Key objectives set out by the designated PSHE Lead (K Luscombe) and a member of SLT will be used to form this assessment. Annual assessments will be passed on to the next class teacher at the end of each academic year.

Evaluation

The PSHE curriculum will be evaluated annually by the designated PSHE Lead and the Senior Leadership Team according to the needs of the children in school at that time. This will take into account results from the Health Related Survey completed by classes across the school.

Monitoring

Work completed during PSHE lessons will be recorded in PSHE books or through pupil voice and photographs which will be kept in a class book. Individual books and class books will be monitored termly by the designated PSHE Lead.

Confidentiality

Due to the nature of the topics covered in the PSHE education programme, all teachers will be made aware of the school's guidelines on confidentiality and disclosure. The boundaries around confidentiality will be made explicit to pupils and ground rules will be discussed at the beginning of each PSHE lesson. A question box will be made available for pupils to ask confidential questions which will be answered at a sensible time by the class teacher.

Equal Opportunities and Inclusion

PSHE can make a significant contribution to Inclusion, particularly in its focus on promoting respect for all. All pupils at St Michael's CE (A) Primary School will have the opportunity to access the PSHE curriculum, irrespective of social background, culture, race, religion, gender or ability. Where appropriate, activities will be differentiated to facilitate this.

British Values

Across the school all children will have the opportunity to learn about and embrace the Fundamental British Values. Clear links will be made to Fundamental British Values within the PHSE curriculum, across the wider curriculum and in assemblies. The British Values will also be promoted by the Wellbeing Ambassadors in school. Children will have daily opportunities to consider key questions linked to events being reported on in the news from around the world, each linked with a key British Value.

Please read this in conjunction with: Safeguarding Policy; Relationships Policy; Drugs Policy; Anti-Bullying Policy and British Values Statement.