

Dear all,

I just wanted to say 'Hello' to all of you and let you know that you are in my thoughts and prayers.

All of us here at St Michael's are thinking of you at this time, we hope you are all safe and well. Please let us know at school how you are, you can email work and photographs /pictures and remember to keep checking the school website for your new learning each week.

stmichaelsceprimaryschool@wolverhampton.gov.uk

Love and Best Wishes

Mrs Vann (TA with Pastoral Duties)

If you are feeling a bit sad, have a go at this activity. Choose a shape (I like a heart) and draw it nice and big on a plain sheet of paper. Now think of some emotions/feelings you might have at this time, **Happy**, **Sad**, **Angry**, **Jealous**, **Hopeful**, there are so many to choose from but you only need 3 or 4. Now for each one choose a different colour and start to fill your chosen shape any way you want to. With squiggles, lines, stars, zigzags etc.

Why don't you use our school values-Love/Hope/Faith/Joy. I try to find some joy each day, even if it's watching the birds in my garden or the smile on my daughter's face! I hope it won't be long before we are all back together. Stay safe. xx

