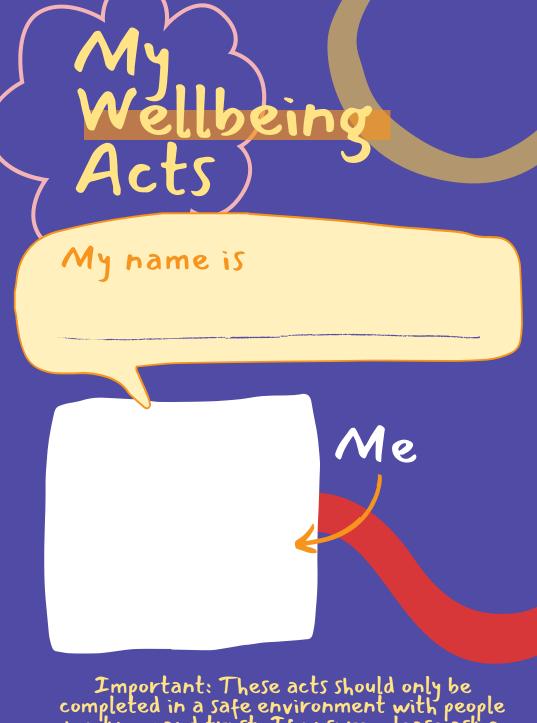
Write or draw what kindness means to you:

Congratulations on your week of wellbeing being kind sends a powerful message about our connections to each other and the world around us.



Important: These acts should only be completed in a safe environment with people you know and trust. If unsure, please ask a teacher or parent/career.

