

Dear Parent/Guardian or Carer,

My name is Emily Scott and I am the Operations Manager for abm catering ltd at your school. Within my remit I oversee Food Safety, Food Standards, Allergens and Nutrition for the school. At abm catering ltd we are very conscious of varying dietary requirements and the needs of the young people we serve food to.

At the very core of abm catering ltd is the desire to provide a service of safe, fresh, nutritious food. We are a contract catering service that holds strong values to ensure that our young people have the opportunity to receive a healthy and filling meal at school every day.

We believe that it is very important that every child can receive a balanced and wholesome meal irrespective of their dietary requirements. For this reason, we have devised a procedure for special diets which ensures that our staff are provided with the knowledge and understanding of any specific dietary requirement and that an alternative menu can be provided where necessary.

It is very important that this special diet procedure is followed for every young person who has any food allergies or other medical requirements.

Please find enclosed the special diet procedure and the **link to our Special Diet request form**. This form must be completed and returned to abm catering using the on-line portal, along with supporting medical evidence if requested. I ask that you ensure that a special diet request form is completed for every young person with dietary requirements, by the parents/guardian or carer.

Once completed, the Menus and Diets department will create the Special Diet Menu. All information will be treated in confidence and in line with the General Data Protection Regulations.

I thank you in advance for your co-operation in this matter. If you have any concerns, queries or comments do not hesitate to contact me on 07590880273 or via email to [escott@abmcatering.co.uk](mailto:escott@abmcatering.co.uk).

Yours sincerely

*Emily Scott*  
Operations Manager



[Special Diet Request Form](#)





	MAIN MEAL	VEGETARIAN	JACKET POTATO / PASTA	DESSERT
MONDAY	 <p>Sausages served with Mashed Potato and Seasonal Vegetables</p>	 <p>Vegetarian Sausage served with Mashed Potato and Seasonal Vegetables</p>	 <p>Jacket Potato with a choice of Tuna Mayonnaise Cheddar Cheese or Baked Beans filling</p>	 <p>Lemon Sponge served with Custard</p>
TUESDAY	 <p>Homemade Beef Lasagne served with Diced Potatoes and Mixed Garden Salad</p>	 <p>Vegetarian Lasagne served with Diced Potatoes and Mixed Garden Salad</p>	 <p>Pasta with Tomato and Basil Sauce</p>	 <p>Shortbread Finger with Fruit Wedges</p>
WEDNESDAY	 <p>Roast Chicken served with Roast Potatoes, Seasonal Vegetables and Gravy</p>	 <p>Vegetarian Mince and Onion Pie served with Roast Potatoes, Seasonal Vegetables and Gravy</p>	 <p>Jacket Potato with a choice of Tuna Mayonnaise Cheddar Cheese or Baked Beans filling</p>	 <p>Iced Chocolate Sponge</p>
THURSDAY	 <p>Mild Beef Chilli Con Carne with Rice and Seasonal Vegetables</p>	 <p>Vegetable Enchilada with Rice and Seasonal Vegetables</p>	 <p>Pasta with Tomato and Basil Sauce</p>	 <p>Apple Crumble &amp; Custard</p>
FRIDAY	 <p>Fish Fingers served with Chips, Beans, Peas &amp; Tomato Ketchup</p>	 <p>Cheese &amp; Tomato Pizza served with Chips, Beans, Peas &amp; Tomato Ketchup</p>	 <p>Jacket Potato with a choice of Tuna Mayonnaise Cheddar Cheese or Baked Beans filling</p>	 <p>Fruity Friday</p>

All meals come with seasonal vegetables or salad of your choice.  
 \*Some photos may depict different sides to those described.



# Week 2 Menu

## JACKET POTATO /

MONDAY



Beef Burger in a Bun served with Potato Wedges, Mixed Garden Salad and Coleslaw



Cheese & Tomato Pinwheel served with Potato Wedges, Mixed Garden Salad and Coleslaw



Jacket Potato with a choice of Tuna Mayonnaise Cheddar Cheese or Baked Beans filling



Jam Sponge

TUESDAY



BBQ Chicken & Rice served with Peas and Broccoli



Vegetable Biryani & Rice served with Peas and Broccoli



Pasta with Tomato and Basil Sauce



Mini Sultana Oat Cookie with Fruit Slices

WEDNESDAY



Roast Turkey served with Roast Potatoes, Seasonal Vegetables and Gravy



Vegetarian Sausage served with Roast Potatoes, Seasonal Vegetables and Gravy



Jacket Potato with a choice of Tuna Mayonnaise Cheddar Cheese or Baked Beans filling



Pineapple Upside Down Cake with Custard

THURSDAY



Chicken Wrap served with Potato Wedges, Mixed Garden Salad and Sweetcorn



Margherita Pizza served with Potato Wedges, Mixed Garden Salad and Sweetcorn



Pasta with Tomato and Basil Sauce



Chocolate Brownie

FRIDAY



Fish Fingers or Salmon Fish Fingers served with Chips, Beans, Peas & Tomato Ketchup



BBQ Vegetable & Bean Wrap served with Chips, Beans, Peas & Tomato Ketchup



Jacket Potato with a choice of Tuna Mayonnaise Cheddar Cheese or Baked Beans filling



Fruity Friday

All meals come with seasonal vegetables or salad of your choice.  
\*Some photos may depict different sides to those described.

	MAIN MEAL	VEGETARIAN	JACKET POTATO / PASTA	DESSERT
MONDAY	 <p>Ham Pizza served with Potato Wedges, Mixed Garden Salad and Coleslaw</p>	 <p>Mixed Bean Fajita served with Potato Wedges, Mixed Garden Salad and Coleslaw</p>	 <p>Jacket Potato with a choice of Tuna Mayonnaise, Cheddar Cheese or Baked Beans filling</p>	 <p>Shortbread</p>
TUESDAY	 <p>Mexican Chicken &amp; Rice served with Warm Baguette, Peas and Broccoli</p>	 <p>Macaroni Cheese served with Warm Baguette, Peas and Broccoli</p>	 <p>Pasta with Tomato and Basil Sauce</p>	 <p>Chocolate Sponge with Custard</p>
WEDNESDAY	 <p>Roast Gammon served with Mashed Potato, Seasonal Vegetables and Gravy</p>	 <p>Roast Quorn Fillet served with Mashed Potato, Seasonal Vegetables and Gravy</p>	 <p>Jacket Potato with a choice of Tuna Mayonnaise, Cheddar Cheese or Baked Beans filling</p>	 <p>Banana Home Bake</p>
THURSDAY	 <p>Pasta Bolognese served with Bread and Seasonal Vegetables</p>	 <p>Vegetarian Chilli &amp; Rice served with Bread and Seasonal Vegetables</p>	 <p>Pasta with Tomato and Basil Sauce</p>	 <p>Chocolate Cookie</p>
FRIDAY	 <p>Fish Fingers served with Chips, Beans, Peas &amp; Tomato Ketchup</p>	 <p>Vegetable Fingers served with Chips, Beans, Peas &amp; Tomato Ketchup</p>	 <p>Jacket Potato with a choice of Tuna Mayonnaise, Cheddar Cheese or Baked Beans filling</p>	 <p>Fruity Friday</p>

All meals come with seasonal vegetables or salad of your choice.  
 \*Some photos may depict different sides to those described.

