



Equilibrium

Redressing sexualized attitudes and behaviour

🎯 January Equilibrium Events Empowering Parents Tuesday 27th January 2026

Keeping Our Kids Safe – Parents' Webinar

🕒 10:00am (Online)

As parents and carers, safeguarding our children — both online and offline — is always our top priority. Today's young people face new challenges across social media, gaming, messaging apps and beyond, and it's not always easy to know the best way to support them.

Join our free online webinar to get up-to-date information, practical insights and confidence to help you:

- Understand current risks children encounter in digital and real-world spaces
- Learn supportive strategies without overreacting
- Feel better equipped to have safe, open conversations with your child
- Secure your place for this essential session!

